



CANADIAN WILDLIFE
FEDERATION

Below Zero

Embrace the Chill: Lessons
from Winter Wildlife



**Winter Resource Kit for
Outdoor Exploration
Educator Guide**



Winter Resource Kit for Outdoor Exploration

Ever wondered what animals do when the temperature drops? Join us as we dive into the fascinating world of winter wildlife! From hibernation to migration to adaptation, we'll explore the strategies our furry friends use to thrive in the cold.

As humans, we don't hibernate or migrate (well, some of us do!), but we do adapt to winter conditions in our own unique ways. Get inspired to bundle up and head outside with these activities and resources for outdoor exploration!

Resources

Fun Winter Activities

- [Dress Like a Polar Bear](#) – Students research and determine animal adaptation characteristics.
- [Frozen Suncatchers](#) – Make a beautiful frozen art piece from found items and some water!
- [Animal Signs Detective](#) – Winter is the perfect season to become a detective and search for signs of nearby animals!
- [Winter Bingo](#) – Play a game of bingo with these fun activities that will help you make the most of winter!

Learn More About Winter Wildlife

- [Wild About Winter \(poster\)](#) – Learn how wildlife and plants adapt to Canadian winters with this poster.
- [Wildlife in Winter \(web page\)](#) – Visit Hinterland Who's Who to learn how different species respond to the challenges of winter.
- [Below Zero \(web page\)](#) – A great resource for fun and learning this winter!

For additional resources visit:

CanadianWildlifeFederation.ca/Education