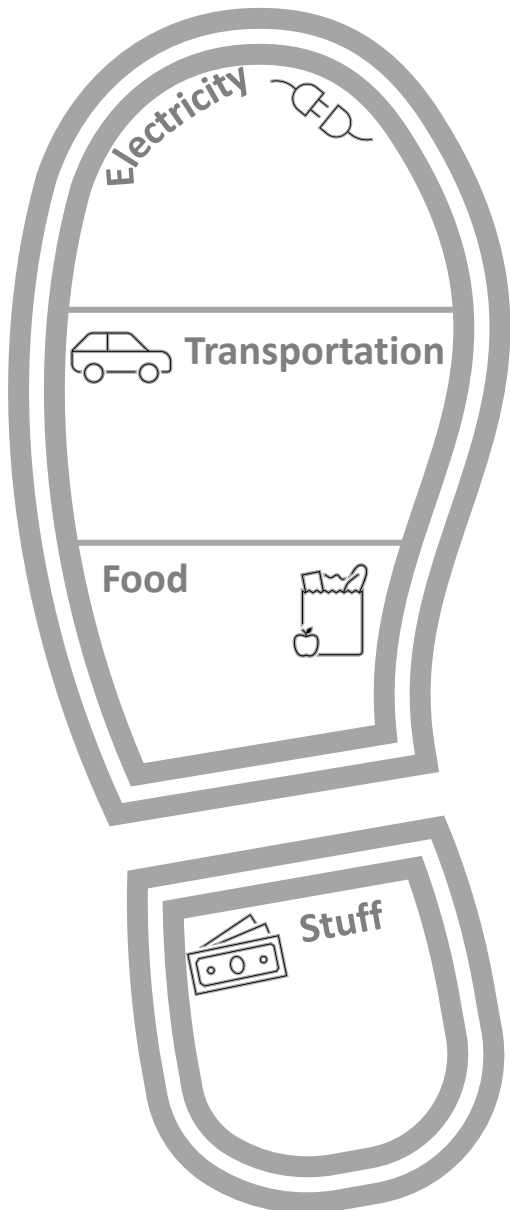


Examine Your Carbon Footprint

A carbon footprint is the total amount of greenhouse gases, including carbon dioxide, that are generated by our actions. One of the biggest sources of greenhouse gases today is burning fossil fuels for electricity, heat and transportation. A smaller amount comes from farming and manufacturing to create the food and products that we use in our everyday lives. You can examine your carbon footprint by listing some of the ways you use electricity, your modes of travel, the things you eat and the stuff you buy within the footprint graphic below. Then identify a few ways you could save energy, reduce your impact, and prevent waste.



How can I use less electricity?

How can I help reduce pollution from vehicle use?

How can I reduce food waste?

How can I buy, use and throw away less?

For additional resources visit:

CanadianWildlifeFederation.ca/Education