

Paper Plant Pots

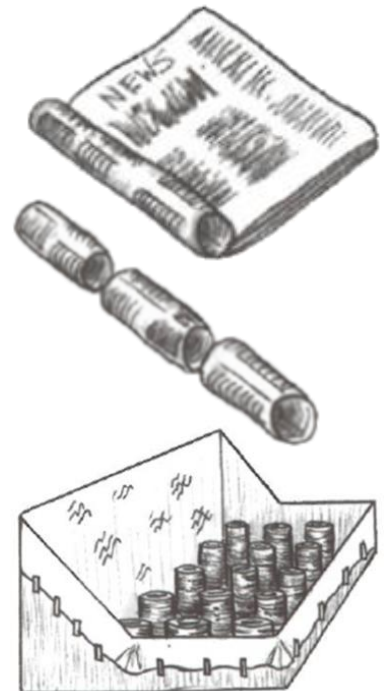
Starting plants from seed is a great way to learn about plant growth firsthand. Get kids involved in growing seedlings for their home or school garden by creating a window box filled with newspaper plant pots. To further support wildlife, consider growing plant species that are native to your region!

Materials

- Aluminum foil
- Cardboard box
- Newspaper
- Rolling pin
- Stapler
- Seed starting soil
- Seeds
- Water
- Cellophane

Steps

1. Prepare a reflective window box where the seedlings will sit.
 - Trim one side of your open cardboard box so it is only 5-10 cm tall, leaving the other side of the box at its full height. This will allow sunlight to enter the box.
 - Cover the back of an open cardboard box with aluminum foil. This reflective surface will direct sunlight to the rear of the box, preventing seedlings from growing lopsidedly due to leaning towards the window.
2. Create your plant pots.
 - Roll several sheets of newspaper (black and white only) around a rolling pin or another narrow, cylindrical object.
 - Slide the paper tube off and cut it into 5 to 10-cm lengths.
 - Staple the paper together so each plant pots holds its form. The pots will be bottomless.
 - Fold the top few centimeters of each pot inward to create a stable rim.
3. Arrange your plant pots in your window box no more than three rows deep.
4. Add soil to each of your plant pots and plant your chosen seeds.
5. Lightly water or mist your plant pots a few times each day to keep the soil moist.
 - Cover the top of your window box with cellophane to prevent moisture loss.



For additional resources visit:

CanadianWildlifeFederation.ca/Education